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14,000 trains a year.
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Sylt Shuttle

ADVENTURE GUIDE



Sylt



Welcome to Sylt

Boredom on Sylt? Wrong! Whether as a researcher in Denghoog or as a discoverer in the mudflats, whether relaxed on the massage bench or rapt on a surfboard, whether as a daydreamer sitting in a roofed wicker beach chair or as a night owl in a beach club – Sylt offers an exciting and simultaneously laid-back mixture of laissez-faire and savoir-vivre. Get started and explore Sylt. Enjoy the oases of silence and discover how many sensual pleasures the island has in store for you. No matter how you would like to spend your free time on Sylt – you will find suitable suggestions and contact data in this adventure guide.

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Imprint

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Nature

*Two is better than one,
in List there are two lighthouses.*

Ellenbogen

The narrow peninsula which bends eastward north of List like an arm bent over the head is called Ellenbogen ('elbow') and is private land (drivers pay a toll charge). Here there is nothing but dunes, sea, wind and vastness. At the north beach of the western Ellenbogen, the hiker is virtually standing on the "tip" of Germany. Ellenbogen is a nature reserve and bird sanctuary.

Lister wandering dunes

The white dunes west of List actually still wander. They shift eastward an average of six, in some years up to ten metres every year. Such dunes buried Old Rantum and Old List in the past. Today, the three dunes in Listland are the only nonplanted dunes and are protected.

Erlebniszentrum Naturgewalten

Erlebniszentrum Naturgewalten (Forces

of Nature Exhibition Centre), an interactive exhibition for the entire family, is a popular place to visit located at the harbour in List. Themes such as "Powers of the North Sea", "Living with the Forces of Nature" and "Weather, Climate, Climate Research" are depicted and made perceptible on an exhibition area of 1,500 m² and an 800 m² outdoor facility. Visitors can generate waves themselves, view the global climate from the viewpoint of an astronaut or brace themselves against the wind in the "storm room". The marine animal pool in the outdoor area, exhibits for children and adolescents and a listening trail for children are additional features.

› Erlebniszentrum Naturgewalten

Hafenstraße 37, List

phone: + 49 (0) 4651 / 83 61 90

Open daily from 10 am

www.naturgewalten-sylt.de

Cliffs

The island's cliffs offer spectacular vistas and views. Even if the names of the cliffs may remind you of rocks, it is about a steep coast (Frisian: "Klef") which the surf has rinsed from a range of hills for about 9,000 years. The most popular photo motif among the steep coasts is the five kilometre-long "Red Cliff" that rises to nearly 30 metres between Wenningstedt and Kampen, and reveals where its name comes from during a setting sun. Geologists most likely prefer Morsum Cliff where you can see ten million years of earth's history compressed into a few square kilometres (tip: take part in a geological tour!). The "White Cliff" shines between Munkmarsch and Braderup, while the mudflat walk in Keitum passes by the "Green Cliff".

Uwe-Dune

The platform on the island's highest natural elevation, the Uwe-Dune, is remarkable 52 metres above the North Sea. A footpath leads from the end of Kurhaus-

straße in Kampen to the foot of the dune.

There, you have 110 steps of the wooden staircase to overcome until there is a magnificent view overlooking Sylt.

Braderup Heath

Half of the heath area of the entire State of Schleswig-Holstein is located on Sylt. The Braderup Heath Nature Reserve is the largest of the heaths on the island with an area of nearly 140 hectares. Common heather (*Calluna vulgaris*), which blossoms purple in late summer, is characteristic for this landscape, which provides a habitat for 2,500 animal species. What looks and smells like pure nature is actually a cultural landscape, a stage of development between the clearing of woodland and new growth through birch, oak and beech trees. The Naturschutzgemeinschaft (Sylt Nature Conservation Association) offers guided tours, including the heathland, starting at Braderup Nature Center. A newly conceived exhibition on the island's habitat and herbal garden can also be discovered there.



› **Naturschutzgemeinschaft Sylt e.V.**

M.-T.-Buchholz-Stich 10a
 Wenningstedt-Braderup
 phone: + 49 (0) 4651 / 44 421
www.naturschutz-sylt.de
info@naturschutz-sylt.de

Sylt Aquarium

Only a few metres from the water's edge and very close to the beach, there are quite a few indigenous as well as exotic fishes on Sylt. In the Aquarium south of Westerland, a section of the 25 pools is dedicated to the North Sea and its inhabitants, whereas the other section is dedicated to tropical oceans with their coral worlds. Visitors walk through the two largest pools in glass tunnels. Aquarium officials are particularly proud of the zebra sharks as well as leopard whipsnakes. Dogs are welcome here.

› **Sylt-Aquarium**

Gaadt 33, Westerland
 phone: + 49 (0) 4651 / 83 62 522
 Open daily from 10 am
info@syltaquarium.de
www.syltaquarium.de

Rantum Basin

In 1936/37, over 560 hectares of mudflats were diked between Tinnum and Rantum with a dam that is more than five kilometres long in order to build a sea-

plane port, but it was hardly ever used. In addition to cyclists and hikers, primarily fauna and flora love the man-made entity today: since the basin was designed a nature conservation area in 1962, a species-rich breeding and resting area for birds has evolved.

Wadden Sea

Sylt is located in the middle of the Schleswig-Holstein Wadden Sea National Park, which also bears the title UNESCO World Heritage Site. The habitat is defined by changing tides, salty water of the North Sea and strong wind. These special conditions have virtually cultivated "experts" such as the common glasswort, a plant which grows on the frequently flooded salt meadows on the eastern side of the island, or the lugworm, which lives from organic substances in the sand of soil. Mud flats are also a breeding and resting place for numerous bird species. There are numerous opportunities to explore this unique natural environment, such as a mud flats hike or a boat tour with an explanation of marine animals as well as an ornithological tour. Tourism services of the respective village provide information. The facilities of the association "Wadden Sea Conservation Station", which takes care of parts of the national park, are good places to go.

Propoises

As part of the national park, the small propoise sanctuary west of Sylt offers harbour propoises a quiet zone for breeding and rearing offspring. With a bit of luck, their triangular dorsal fins can be seen from the beach on quiet evenings.

Arche Wattenmeer

The Wadden Sea Conservation Station exhibition known as "Arche Wattenmeer" ("Wadden Sea Ark") in the former Catholic Church in Hörnum has been open since summer of 2013. The exhibition primarily deals with the open North Sea. Inside the Ark, small and large guests can experience underwater landscapes in a playful manner while understanding contexts and deepening their knowledge.

› **Arche Wattenmeer**

Rantumer Straße 33, Hörnum
 phone: + 49 (0) 4651 / 88 62 229
www.arche-wattenmeer.de
hoernum@schutzstation-wattenmeer.de

› **Amber polishing**

in the Kuno-Ehlfeldt-Haus
 once a week,
 with reservation only,
 Rantumer Straße 27, Hörnum
 phone: +49 (0) 4651 / 88 10 93

Hörnum-Odde

During a walk around the southern tip of the island, preferably at low tide, you can experience the faces of both of Sylt's beaches well within one hour: a gentle beach on the eastern side and a wild beach of the open sea in the west. However, this is also the most vulnerable spot of the island. Current and storm tides gnaw away at Hörnum-Odde. About 15 years ago a hike took three hours, whereas today it is only 1.5 hours.



Culture and history



Denghoog

Denghoog is located next to the Frisian chapel in Wenningstedt and was built about 5,000 years ago. It is one of the largest megalithic tombs in Northern Europe. Twelve boulders support three massive cover stones. The heaviest weighs about 20 tons. The gravesite was discovered in 1868. Grave discoveries such as vessels, axes and amber pearls are stored at Gottorf Castle in Schleswig. Copies can be seen in the local heritage museum in Keitum.

- › open April - October
- www.sylter-verein.de
- phone: +49 (0) 4651 / 32 805 and
- mobile +49 (0) 170 / 69 71 687

Fire Brigade Museum

150 years of fire brigade history compressed on 60 m²: uniforms, equipment and photos depicting the history of volunteer fire brigades in Keitum are exhibited in the former fire brigade station.

- › **Feuerwehrmuseum**
- C.-P.-Hansen-Allee 9, Keitum
- phone: +49 (0) 4651 / 29 90 397
- open on Tuesdays from April to October

Local heritage museums

In two Keitum houses which are only a few metres apart it becomes clear how Sylt residents lived in former times.

The “**Altfriesisches Haus**” (“**Old Frisian House**”), built in the early 18th century as a captain’s house, was later inhabited by local historian Christian Peter Hansen (1803–1879). It was established in 1908 as a museum for residential culture of the 18th and early 19th century. A hearth and tiles, alcove beds and household equipment can be admired in rooms with names such as Kööken, Kööv und Piisel as well as other rooms.

- › **Altfriesisches Haus**
- Am Kliff 13, Keitum
- phone: +49 (0) 4651 / 31 101

The local heritage collection from Christian Peter Hansen (see above) was the basis for the “**Sylt Local Heritage Museum**“, which depicts the island’s history in terms of archaeology up until about 1850. One room is dedicated to the great era of Sylt captains, and one room is dedicated to Uwe Jens Lornsen, one of the campaigners from Schleswig-Holstein’s independence. A permanent exhibition addresses the theologian, painter and photographer Magnus Weidemann.

- › **Sylter Heimatmuseum**
- Am Kliff 19, Keitum
- phone: +49 (0) 4651 / 31 669
- www.sylter-verein.de



Cemetery for the Homeless

Laid out in 1854 as the cemetery for shipwrecked people, it was located outside the village Westerland. 55 unknown seamen are buried here – by far not the only ones who were washed up on Sylt, but before that time corpses were simply buried in the dunes.

- › Käpt’n-Christiansen-Straße/
Elisabethstraße

hünen.kulTour

Hardly an area in Germany was characterised in former times to such an extent by burial mounds and megalithic tombs as the North Frisian Islands and therefore also Sylt. You can discover the historic sites on three tours.

Churches

St. Severin Church in Keitum, a Sylt landmark and a special site, is already visible from Hindenburg Dam. The oldest part, the apse, probably dates from the 12th century. The sister church in Morsum, St. Martin, has a wooden belfry instead of a tower. The St. Niels village church, hidden in the old part of Westerland (on Kirchenweg), dates from 1635. St. Thomas (a white, sail-shaped church) in Hörnum dates back to 1969/70 and is the youngest historic church building in Schleswig-Holstein.

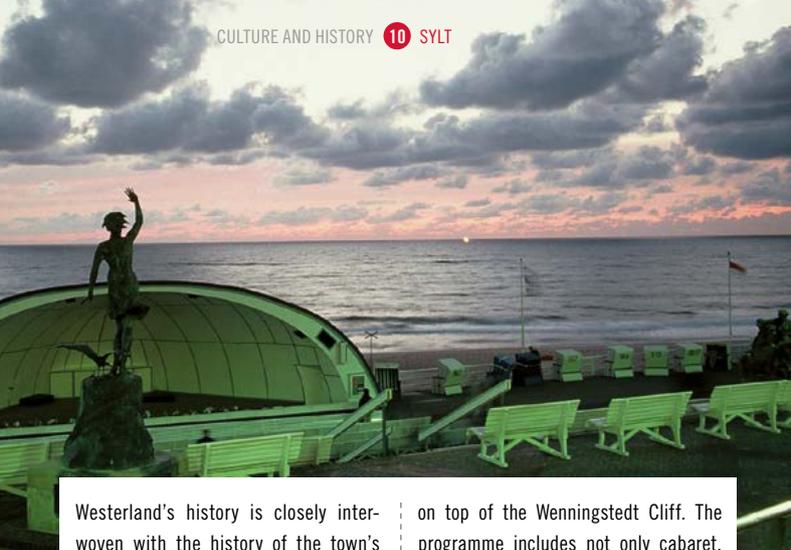
Musical pleasure on the highest level can also be experienced in Sylt’s churches; for instance, weekly concerts are offered on Wednesdays at St. Severin in Keitum and every Sunday from June until October at St. Nicolai. Music is also performed in other churches on Sylt, above all during the summer season.

- › www.kirche-auf-sylt.de

Stories about Westerland’s churches: “Whaling, World Cup – Christmas”

In the course of a walk from St. Niels village church over to St. Nicolai parish church participants will learn much about olden days on Sylt and the town’s development into a seaside resort with an international reputation.





Westerland's history is closely interwoven with the history of the town's churches: Pastor Christoph Bornemann can also share interesting, surprising and amusing details and anecdotes to this end! Tours are offered 6 to 8 times a year. A participation fee of 5 € is requested. From the end of June until the end of August, services are held on Sundays at 11:30 am in the Musikmuschel („Music Shell“) on Westerland's promenade. From July until August, Tuesdays at 9 pm blessing in the Musikmuschel.

› phone: +49 (0) 4651 / 68 89

Concerts, readings, theatre

During holiday season, tourism services invite visitors to enjoy numerous events ranging from boulevard comedy to chamber concerts. Kampen Literature and Music Summer events are well-known and annually feature best-seller authors reading in front of a big audience. „Musik am Meer“ („Music by the Seaside“) with summertime concerts in the Musikmuschel („Music Shell“) on Westerland's promenade also has many fans.

Kursaal³

Since Easter 2015 the new kursaal³ offers an exciting and multi-faceted programme

on top of the Wenningstedt Cliff. The programme includes not only cabaret, jazz, shanties and classic, acrobatics, and illusions but also stand-up comedy and readings. Important figures such as Heinz Rudolf Kunze, Stefan Gwildis and Konstantin Wecker, comedians or newcomers like Tim Becker and Simon Glöde, inside tips such as Song-Ping-Pong and Sylt artists like Jo Bohnsack or Sylt Shanty Choir have already performed in kursaal³ and are part of the versatile repertoire. For the complete programme see www.kursaal3-sylt.de

Additionally kursaal³ offers congresses, fairs and family parties.

Arts and crafts

Goldsmiths, potters, glass blowers and weavers, who manufacture traditional handicrafts, art and Sylt inspiration, are particularly at home in Keitum.

› www.sylter-kunsthawerker.de

Söl'ring Foriining

The Sylt Association (Frisian: Söl'ring Foriining) established in 1906 takes care of the preservation of Sylt customs and Sylt's Frisian language, landscape preservation and coastal protection. Söl'ring Foriining operates the local heritage museum and the „Old Frisian House“ in Keitum as well as the

Denghoog in Wenningstedt and the Vogelkoje. The association numbers around 2,700 members, among them also many holidaymakers.

› phone: + 49 (0) 4651 / 32 80 5
www.soelring-foeriining.de

Sylt source

Ideas also spring forth on the grounds of the Sylt source (Sylt-Quelle) mineral water source in Rantum. The private foundation "kunst:raum sylt quelle", which accommodates approx. 50 scholars from all fields of art every year, is at home here. The most famous scholarship is "writer in residence". Exhibitions from contemporary artists can be seen in the glass Spring House (Quellenhaus) on the first floor above the restaurant. Outside sculptures emphasise features in the landscape between Rantum Basin and Hafensstraße. The Sea Cabaret (Meerkabarett) features highlights of the cabaret and entertainment scene during the season.

› www.kunstraum-syltquelle.de

› www.meerkabarett.de

Tinum Castle

The story of the rampart on Tinnum meadows lies in the darkness of history. The circular rampart with a diameter of 120 metres probably has been a sacred

place in the 1st century already. Today's visible wall with a height of roughly seven metres stems from these years. Later, roughly between the 8th and 10th century during the Viking era, its inside served as a fortress to protect houses.

› Tinnum Castle can be reached by foot from Borigwai or Boy-Peter-Eben-Weg.

Vogelkoje

Inhabitants of Sylt constructed Kampen Vogelkoje (Bird Sanctuary, originally a duck decoy) in 1767 according to the model of Dutch duck trapping facilities. Almost 700,000 ducks were killed there between 1809 and 1921. They were tempted to take a rest by means of a pond, and then enticed into a net by means of narrow fenced water channels. The Bird Sanctuary has been under protection status since 1935. The trapping facility and an educational trail as well as reconstructed caretaker houses with exhibitions are open to the public.

› Between Kampen and List
phone: + 49 (0) 4651 / 87 10 77
www.sylter-verein.de



Guided tours and sightseeing tours

Island sightseeing tours

The Sylt transport company Sylter Verkehrsgesellschaft (SVG) offers island sightseeing tours with expert guidance daily from 2–5.15 pm (November – February, 1–4 pm). There is an additional “small sightseeing tour” from April to October (11 am – 1 pm). Respective tours always start at the central bus station (ZOB) in Westerland.

- › **Sylt Verkehrsgesellschaft (SVG)**
phone: +49 (0) 4651 / 83 61 00
www.svg-busreisen.de

Guided bike tours

From April to October there are guided bike tours twice a week. On Wednesdays one explores the northern region between Westerland and Klappholttal. Frisian villages in eastern Sylt and heath regions are visited on Fridays.

- › phone: +49 (0) 4651 / 99 80
www.insel-sylt.de/ausfluege/fahrradtouren-auf-sylt

Sylt Wheely

Have you ever hovered across Sylt? The “Wheely” (Segway i2 personal transporter) is economical, quiet and just extraordinarily different. Various tours are offered daily in the afternoon. A reservation in advance is required.

- › phone: +49 (0) 4651 / 46 09 999

Sightseeing flights

A sightseeing flight over Sylt is an unforgettable experience. Sylt Air fulfils (almost) any request, from a scenic flight to an inspection of property from above.

- › **Sylt Air**, Flughafen, Terminal 2
phone: +49 (0) 1805 / 78 77
www.syltair.de

Guided tour / Wadden Sea hikes

Knowledgeable island tour guides have much to say about Sylt, whether it entails a church tour, a (mud flat) hike on the trail of Kampen artists, geological exploration tours, bicycle excursions in the east of Sylt or in the Wadden Sea, a World Heritage Site. Dates and information are available at the tourist information offices, TV Sylt or on our homepage.

- › www.sylt.de/entdecken/veranstaltungen
Sylt tour guides introduce themselves and their “special fields” on the following website:
› www.sylt-fuehrung.de

Islet trips

Small trips into the World Heritage Site
Several times a day the “Adler VI” starts in Hörnum (April – October) to go on small roundtrips in the sea south of Sylt; the perfect opportunity to get a first impression of the UNESCO world natural heritage.

Island and islet trips

Put to sea with Adler ships in Hörnum to Sylt’s neighbouring islands. Swimming in Amrum, fish market on Föhr or pure nature on Hooge islet. You have multiple options to combine and on your way you’ll probably meet common seals and gray seals.

- › **Adler-Schiffe**
phone: +49 (0) 4651 / 98 70 888
www.adler-schiffe.de

Coach rides

Keitum can be discovered in style during a cosy saunter in a coach. The covered wagon travels through the old Frisian village from May to October (usually on Wednesdays and Sundays) around noon. Visitors can also travel through Weningstedt and Braderup with the power of two horses. Peter Störtenbecker’s covered wagon can also be rented for individual excursions.

- › phone: +49 (0) 175 / 20 74 300

Island Cruiser („InselCruiser“) trips

Experience the island from an entirely new perspective in a modern, high-tech cycle rickshaw. There’s also a nice chat, free of charge! Fixed and individual tours and distances can be booked from April to October.

› Velotaxi

- phone: +49 (0) 178 / 29 10 118
www.sylt.velotaxi.de

Lighthouse tour

You can climb the 33 metre-high lighthouse in Hörnum, and with good weather enjoy a wonderful view as far as Amrum and Föhr. Guided tours can be booked at the tourism service office in Hörnum.

- › phone: +49 (0) 4651 / 96 260
www.hoernum.de

Trip to the seal banks and catching marine animals

This tour, starting at List harbour, visits the resting places of seals. Depending on the tides they are surrounded by more or less water. Therefore, you will sometimes see hundreds of animals daydreaming on the sandbanks or just a few swimming across. During the tour a trawl net is let down and the crew gives insights into the fascinating life of the North Sea. In the end all marine animals will be released.

- › **Adler-Schiffe**
phone: +49 (0) 4651 / 98 70 888
www.adler-schiffe.de

Excursions

Nolde-Museum

Starting in 1927, painter Emil Nolde lived and worked in Seebüll near Klanxbüll, surrounded by a magnificent flower garden. The self-designed House Seebüll featured a studio and a hall of paintings, and also served Nolde as a residence. After the painter's death in 1956, the house was made accessible as a museum. Further information is available at:

› **Nolde-Museum**

phone: +49 (0) 4664 / 98 39 30
www.nolde-stiftung.de

The "Nolde Ticket" offered by Sylt-Shuttle is recommended for visiting the museum with one's own car. The ticket includes a round trip by the car-carrying train as well as the admission to the museum for up to four people.

› phone: +49 (0) 1806 / 22 83 83*

Legoland

The core of Legoland in Billund (Denmark) is "Mini Land", which features landscapes and scenarios made from 20 million of the famous studded bricks. Thematic worlds for pirates or knights, fun rides and show attractions are built around the theme of Lego bricks. Transportation by bus is available weekly between June and September from the bus station in Westerland to Legoland (by ferry via Rømø).

› **Sylter Verkehrsgesellschaft**

phone: +49 (0) 4651 / 83 61 00
www.svg-busreisen.de

Wellness for your soul

Chocolate seminars

Would you like to look over a chocolatier's shoulder while they work? Make chocolates, chocolate desserts or ice-cream yourself? Here you will be introduced to the art of making chocolate. Within three hours you will be shown how you can temper chocolate coating at home, cook truffle masses, make pralines and chocolates for your guests or how you can cook with chocolate quite differently.

› **Sylter Schokoladenmanufaktur**

Zum Fliegerhorst 15, Tinnum
Only available with reservation in advance via phone:
+49 (0) / 4651 99 80

Tea seminar

Individuals thirsty for tea and knowledge will receive an introduction into the world of tea during a collective tea tasting seminar.

Duration: approx. 2 hours

› **Teekontor Keitum**

Usually every Thurs. 6.15 – 8 pm
Registration by phone:
+49 (0) 4651 / 88 91 194
www.teekontorkeitum.com

Seawater drinking treatments

Seawater beverages are available in the "drinking cure hall", where Biomaris® cosmetics are sold as well.

› **Trinkkurhalle**

Kurpromenade Westerland
phone: +49 (0) 4651 / 24 423

Heart of the lovers at List harbour

Other communities may remove the typical padlocks but List harbour offers a particular spot to show your love. The "wedding bench" (Hochzeitsbänke) invites couples who plan their future or those who have spent their time together for many years to stay, enjoy and dream. Your padlock will find its place in our heart as well and will be a constant memory of your affection.

♥
Inseliebe

Wellness and health

Sylter Welle

The "Sylter Welle" ("Sylt Wave") swimming complex in Westerland lies embedded in the Westerland dunes with a fantastic view of North Sea surf. About 4,600 m² of usable area and pools filled with roughly 1,000 m³ of North Sea water provide a special kind of bathing & vitality experience: wave pool, current channel, whirlpool and pool with a view of the beach and sea. The facility is open for early-bird swimmers on Tuesday, Thursday and Saturday in the peak season from 7 to 10 am, and in the shoulder season from 8 to 10 am for undisturbed bathing pleasure. In addition, courses such as swimming lessons and aqua fitness are offered on a regular basis.

Sports pool

Since 2015 the new sports pool invites to swim and jump off the diving platform. Five 25-metre-lanes provide enough space for example during early morning swimming sessions.

Mermaiding

Several times a month enthusiastic mermaids have the opportunity to experience swimming with a monofin.

Children's World

Three giant slides ranging up to 120 metres in length are certainly a big hit among small and large keen swimmer. They can

conquer the seas with the Viking play ship, and even toddlers feel quite big in the paddling pool.

Sauna World

The "Sylter Welle" Sauna World offers variety with three relaxation rooms, indoor and outdoor plunge pools as well as seven different types of sauna, including the classic Finnish sauna, steam sauna, aroma sauna and sauna grotto. The Viking and block house sauna in the outdoor area with a view of the sea and dune landscape is a special experience.

World of Enjoyment

Would you like a small snack between swimming and sauna sessions? The bistro of "Sylter Welle" offers ample opportunity, with refreshments such as freshly prepared salads and tasty vitality vitamin drinks. The large panorama sun deck with a splendid view of North Sea or numerous wicker beach chairs in the open-air area within the sauna complex is available for sun-seekers.

› Opening times: daily 12 pm to 6 pm
phone bistro: +49 (0) 4651 99 83 39
phone Sylter Welle:
+49 (0) 4651 / 99 81 11
Strandstraße 32, Westerland
www.sylterwelle.de

Syltiness Center

Centrally located in Westerland right next to the promenade, the interdisciplinary Syltiness Center features an area of roughly 4,500 m² and offers everything for health, well-being, beauty and fitness.

Beauty

Enjoy pleasant beauty and care programmes in the well-lit beauty studio with products from "Biomaris", "Maria Galland" and "Litoråge". Anti-age intensive treatments with ultrasound or dermatology method as well as fresh algae from Sylt algae farm await you.

Thalassotherapy

Thalassotherapy applications utilise natural healing power of the sea. Sea air, mud, algae and seawater contain numerous wholesome active ingredients which are offered in the form of seawater baths and inhalations, mud packs and marine cosmetics.

Spirit & Mind

Discover the world of holistic wellness philosophy in this area inspired by Far Eastern and traditional teachings. Ayurveda, hot stone or Lomilomi massages lead to inner balance for body, spirit and mind.

Wellness

You will experience ceremonial Rasul and cleansing care in the Hamam in the oriental wellness oasis on the ground floor of Syltiness Center. You will find relaxation, inner peace and balance through aroma massages with fragrant oil, Cleopatra care or wellness massages.

Fitness

The sports centre with a view of the North Sea provides a multifaceted course programme with fitness and relaxation offers from fields including build-up of strength, posture, condition and relaxation. Zumba courses, stand-up paddling courses as well as the guided bicycle tours are particularly popular.

Day Spa Keitum

The annex to Syltiness Center offers many wellness treatments every Tuesday and Thursday from 9.25 am to 4.25 pm. Treatments with a medical prescription can be booked as well.

Outpatient spa treatment

Outpatient spa treatments such as seawater whirlpool baths, seawater inhalations, exercise baths, physiotherapy, mud packs and massages are recommended for rheumatism as well as skin and respiratory diseases.

› Dr.-Nicolas-Straße 3, Westerland
phone: +49 (0) 4651 / 99 81 12
www.syltinesscenter.de
info@syltinesscenter.de

Asklepios Clinic

Asklepios Nordseeklinik combines an acute care hospital with a rehabilitation clinic. The most modern diagnosis and therapeutic procedures are employed in all of the special fields in the clinic, which has over 114 beds in the acute care sector and 150 beds in the rehabilitation sector.

› Norderstraße 81, Westerland
phone: +49 (0) 4651 / 84 44 20



Leisure

Aquarium

- › **Sylt-Aquarium** (see page 6)
Gaadt 33, Westerland
phone: +49 (0) 4651 / 83 62 522
www.syltaquarium.de
info@syltaquarium.de

Archery

A club in Morsum deals with this sport on Sylt; Peter Berhorst also offers bow making seminars for children and adults.

- › **Bogenschützen Morsum Sylt e.V.**
Arne von Pirch, www.bsm-sylt.de
phone: +49 (0) 4651 / 96 72 72
- › **Youksakka Bow and Funcompany**
Peter Berhorst, www.youksakka.de
phone: +49 (0) 177 / 80 27 309

Beach sauna

First, warm up with a view of the horizon, and then cool off in North Sea waves: sauna in perfection!

- › **Strandsauna Listland Sylt**
Weststrandstraße 333A, List
phone: +49 (0) 4651 / 87 71 74
www.strandsauna-list-auf-sylt.de
- › **Rantum**, Campingplatz Hörnumstr. 3
phone: +49 (0) 4651 / 83 41 86
Nov - March +49 (0) 4651 25 707
Apr - Oct +49 (0) 4651 / 83 41 86
www.strandsauna-sylt.de
- › **Rantum**, Strandsauna Samoa
Hörnum Landstraße 70

phone: +49 (0) 170 / 55 40 278
www.strandsauna-samoa.de

- › **Hörnrum**, at nudism beach
Süderende 25
phone: +49 (0) 4651 / 88 03 00
www.strandsauna-sylt.com

Boat trips

Some of the "ordinary seamen" have great fun during numerous excursion tours offered by Adler Ships, such as the trip with explanations about all kinds of marine animals. Tickets are available at railway station pavilions and in the harbours.

- › **Adler-Schiffe**
phone: +49 (0) 4651 / 98 70 888
www.adler-schiffe.de
- › **Pirate trip** with the cutter "Gret Palucca" from List harbour, which includes clothing, treasure hunt and mutiny as well as hefty punishment for "adults" riding along.
- › **Oyster bed tour** starting at List harbour with "Rosa Palucca": you will be explained everything about oyster breeding and handling. The tour includes one glass of wine and a tasting. (May–October)
- › **Trip to the seal banks** with exciting catch of marine animals and explanation, from List harbour and Hörnum harbour (daily April – October, slimmed timetable in winter)

Boules

Sylt boules enthusiasts look forward to any fellow players.

- › **Boulodrome** im Avenarius-Park
Kampen, Herr Braun
phone: +49 (0) 4651 / 87 73 35
www.sylter-bouletten.de

Bungee "spider" trampoline

The bungee "spider" trampoline is set up in front of the promenade in Westerland and at List harbour during the summer. A harness system enables the craziest loops and somersaults.

Chess

Chess enthusiasts will find two giant chess boards embedded in the ground directly at the beach promenade in Westerland. Wenningstedt-Braderup offers a special mini golf course for adults and kids on Dünenstraße. In addition to chess and draughts, "Mensch ärgere Dich nicht" (ludo) can also be played on a grand scale during the opening hours.

Childcare

Young Sylt holidaymakers will not get bored during the school holidays. All tourism sites invite kids for fun games. Dates and childcare can be requested at the sites directly. At "Kampino Kinderclub" in Kampen, childcare can be booked day by day or by the week. Furthermore, the "Kinderkiste" in Rantum is open for kids. In Westerland, "Villa Kunterbunt" on the promenade north of Sylter Welle is the place to go for all youngsters aged between 3 and 13. There, exciting actions such as the "Pirate Day" are held. Your children are well taken care of throughout the year in the 200 m² "adventure world" at the "Confetti Kinderclub".

- › **Villa Kunterbunt** upper beach promenade, Westerland
phone: +49 (0) 4651 / 99 82 75

› Kampino Kinderclub Kampen

Tourismus-Service Kampen
phone: +49 (0) 4651 / 46 980

› Confetti Kinderclub Sylt

Gaadt 31, Westerland
phone: +49 (0) 4651 / 85 04 44

Cinema

A colourful entertainment programme for any age group is offered here year-round.

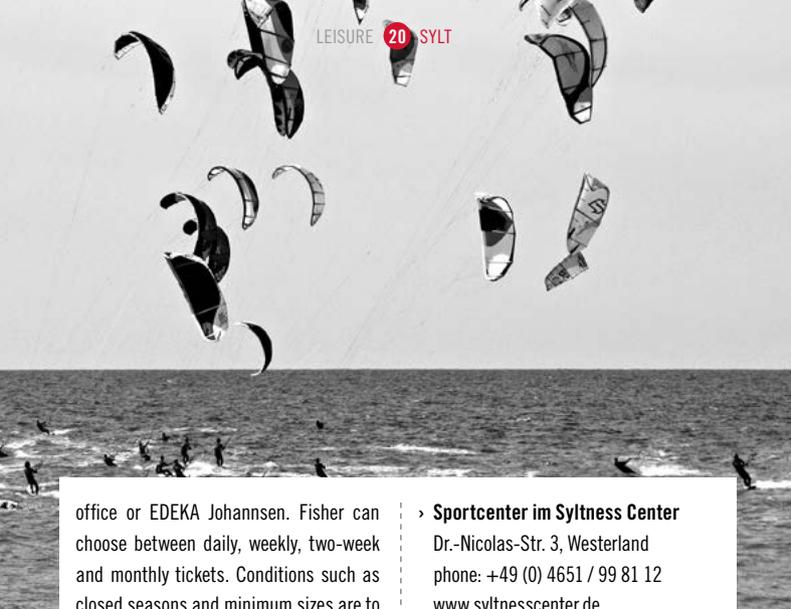
- › **"Kinowelt"**, Strandstraße 9, Westerland
phone: +49 (0) 4651 / 83 62 20
www.kinowelt-sylt.de

Cycling

Thanks to a 200 km route all over the island, the villages can easily be reached by bicycle. A tour on the track of former island railway routes from List to Hörnum, or through the extensive dune world of Listland is especially attractive. Those who are too tired for the return trip can take their bicycle with them on the public bus, which are equipped with carriers at the rear end. Alternatively, cyclists can rent an e-bike with built-in tailwind. You can find an overview of bicycle rentals in the service section on p. 28. Route suggestions can be found on www.wegweiser-sylt.de

Fishing

Possession of an annual fishing licence (AFL) entitles the holder to fish in the North Sea. An additional permit (Erlaubnisschein) is required for inland waters, that can be obtained only at EDEKA Johannsen (see contact data below). Fisher without AFL can obtain a special authorisation (Touristenfischereischein) at the registration office. It lasts for 28 days, costs 20,00 € and can be extended once. An additional permit (Ergänzungsmarke) for fisher with AFL who are not from Schleswig-Holstein can be bought for 10,00 € at the registration



office or EDEKA Johannsen. Fisher can choose between daily, weekly, two-week and monthly tickets. Conditions such as closed seasons and minimum sizes are to be respected.

› **Adler-Schiffe**

Fishing for mackerel is possible from List harbour. (July and Aug.)
phone: +49 (0) 4651 / 98 70 888

› **Edeka Markt Johannsen**

Fishing equipment, bait, permits and additional permits can be bought here. Munkmarscher Chaussee 6a, Keitum
phone: +49 (0) 4651 / 93 55 80

› **Das Futterhaus (fishing equipment)**

Fishing equipment can be bought here Keitumer Landstraße 40, Tinnum
phone: +49 (0) 4651 / 93 63 82

› **Anglerverein Sylt e. V.**

Contact: Edeka Johannsen
Boy-Nielsen-Str. 31, Tinnum
www.anglerverein-sylt.de

› **Commune Sylt Registration office (regulatory agency)**

Additional permit and special authorisation can be bought / obtained here.
Bahnweg 20-22, Westerland
Phone: +49 (0) 4651 / 85 15 55

Fitness

Fitness centres also offer day tickets and arrangements for holiday guests.

› **Sportcenter im SyltNess Center**

Dr.-Nicolas-Str. 3, Westerland
phone: +49 (0) 4651 / 99 81 12
www.syltNesscenter.de

› **fitness room "Sylter Welle"**

Strandstr. 32, Westerland
phone: +49 (0) 4651 / 99 81 11
www.sylterwelle.de

› **Fitness-Insel**

Tinnum Straße 9, Westerland
phone: +49 (0) 4651 / 83 49 50
www.fitnessinsel-sylt.de

› **Sylt Fitness**

Am Hangar 8, Tinnum
phone: +49 (0) 4651 / 96 78 80
www.syltfitness.de

› **Rückenzentrum Wirbelwind**

Keitumer Landstr. 46, Tinnum
phone: +49 (0) 4651 / 83 62 266
www.rz-wirbelwind.com

Fun Beach

Fun Beach at Brandenburg Beach of Westerland's promenade at Sandwall Nord beach passage in Rantum is the place for all Sylt holidaymakers enthusiastic about sports in summer. During the season, beach equipment such as balls or Frisbees can be borrowed free of charge. Moreover, various daily tournaments await participants, or visitors can watch and cheer while listening to music.

Gliding

Visitors can take off from the airfield with an experienced pilot or even take gliding lessons. The entrance to the gliding airfield is located between Munkmarsch and Keitum.

› **Aero-Club Sylt e.V.**

www.aeroclub-sylt.de

Golf

Sylt golf courses provide ideal playing and training opportunities for any playing ability.

› **Golfhopping**

all information: www.die-golfinsel-sylt.de

› **Golf-Club Sylt e.V.**

(18-hole course, 9-hole course),
Norderweg 5, Wenningstedt
phone: +49 (0) 4651 / 99 59 810
www.golfclubsylt.de, info@gcsylt.de

› **Marine-Golf-Club e.G.**

(18-hole course), Flughafen 69, Tinnum
phone: +49 (0) 4651 / 92 75 75
www.sylt-golf.de

› **Golfclub Budersand Sylt**

(18-hole links course), Fernsicht 1,
Hörnum, phone: +49 (0) 4651 / 44 92 710
www.gc-budersand.de

› **Golfclub Morsum auf Sylt e.V.**

(18-hole course),
Uasterhörn 37, Klein-Morsum
phone: +49 (0) 4651 / 89 03 87
www.golf-morsum.de

Gymnastics by the seaside

Most of the island's supervised beaches offer beach gymnastics, daily from June to September. When and where beach gymnastics are offered can be asked at the tourist information offices in the individual villages.

InselCircus

The InselCircus (IslandCircus) entertains guests in Wenningstedt. In addition to the shows, it is also well-known and

popular due to the circus workshop. Children aged six and older can try their ability in the course of five mornings, and proudly present their feats to the eager audience during a large gala performance at the end of the week.

› Kampener Weg, Wenningstedt
phone: +49 (0) 40 / 320 82 802
www.circus-mignon.de

Jogging / fun run

Running on the beach at low tide or on the hiking trails – everyone will find their favourite route on the island.

› **Lauf- und Nordic Walking Treff**

Free of charge, M. Kruse and A. Karst,
phone: +49 (0) 4651 / 32 566

› **Sylt Lauf** 15.03.2020

Hörnum to List

› **Run around Rantum basin** 20.09.2020

Kayak

Kayaks and equipment can be rented directly at Brandenburg Beach in Westerland.

› **Surfschule Westerland**

Brandenburger Str. 15, Westerland
phone: +49 (0) 4651 / 27 172
www.sunsetbeach.de/surfschule

Kite surfing

The areas for daring surfers on large stunt kites are located at parking area "K 4" outside Hörnum, at Sansibar-Süd behind Rantum and at Ellenbogen. Surfing schools usually also offer kite courses.

› **Camp One Sylt**, Ellenbogen 33G, List
phone: +49 (0) 4651 / 43 375
www.campone-sylt.de

› **Surfschule Westerland**

Brandenburger Straße 15, Westerland
phone: +49 (0) 4651 / 27 172
www.sunsetbeach.de/surfschule

› **Kiteschule Sylt**

Ellenbogen/List/Hörnum



phone: +49 (0) 172 / 47 21 748

www.kiteschule-sylt.de

info@kiteschule-sylt.de

› **Wassersportcenter-Sylt -**

Südkap Surfing

Strandpromenade 1, Hörnum

phone: +49 (0) 4651 / 99 54 410

› **Surfschule Wenningstedt -**

Südkap Surfing

Dünenstraße 333b, Wenningstedt

phone: +49 (0) 4651 95 70 373

suedkap.surfing@gmail.com

www.surfschule-hoernum.de

› **I love Kitesurf Sylt**

Kiarwai 28, Westerland

phone: +49 (0) 173 / 39 66 669

info@ilovekitesurf-sylt.com

www.ilovekitesurf-sylt.com

Library

The Sylt municipal library has ample reading material for long evenings and rainy days. Table games, CDs, DVDs, audio books and many other items are available for loan. Additionally, internet access, sending faxes and a copying service are offered.

› Stephanstr. 6b, Westerland

phone: +49 (0) 4651 / 85 12 70

www.sylt-bibliothek.de

Mini golf

The island has three miniature golf courses for exciting tournaments.

› **Minigolf Rantum**, Hafenstr. 12

phone: +49 (0) 4651 / 22 584

› **Minigolf Wenningstedt**

Dünenstraße 24 a

phone: +49 (0) 160 / 32 61 780

› **Minigolf am Aquarium**

Gaadt 33, Westerland

phone: +49 (0) 4651 / 83 62 522

Motocross

The track in Wenningstedt on the main road to Kampen is set up in July and August for children aged six and older.

› **MSC Sylt** daily 10 am to 1 pm and 3 pm to 6 pm www.msc-sylt.de

Nightlife

Measured in terms of the number of inhabitants, Sylt has an unusually large range of bars, clubs and discotheques. Everyone will find their place here, whether hip party-goer or rock music freak, hit music fan, gay or 'beauty of the night'. Cuba and House music as well as Irish folk music and disco fever are also on the agenda.

› **Club Rotes Kliff**, Kampen

› **Club Pony**, Kampen

› **American Bistro**, Westerland

› **Wunderbar**, Westerland

› **Classic Club Sylt**, Westerland

An extensive range of localities and information is available at www.sylt.de.

Nordic Walking

The Nordic Walking Park traverses the whole island and features a total of 26 routes and 220 km. Individual routes (1.6 – 18.7 km) are divided into three levels of difficulty: easy beginner routes are marked blue, moderately difficult routes are red, and difficult routes for advanced walkers can be recognised by black marking. There are also marathon and half-marathon routes. Starting boards in all villages explain route guidance and provide tips for proper technique. A map of all marked routes is available at all tourist information offices as well as at bookshops on Sylt.

› The tourism services provide information about courses or see www.sylt.de

Qigong

Originating from traditional Chinese medicine, Qigong comprises gymnastic elements as well as meditative exercises with its holistic approach. Course offers and information:

› Sabine Möller, www.qigong-auf-sylt.de
phone: +49 (0) 4651 / 92 72 26

Riding

Pony club or a ride on the beach, coach ride or riding school – horse lovers have quite a few places to go on the island. Further information is available at www.sylt.de.

› **Reitschule Grünhof**, Süderstr. 80
Keitum, phone: +49 (0) 4651 / 31 208

› **Reitstall Hoffmann**, Gurtstig 46
Keitum, phone: +49 (0) 4651 / 31 563

› **Reitschule Olivenhof**, Ingewai 40
Tinum, phone: +49 (0) 4651 / 32 906

› **Reitstall Wiesengrund**,
Zum Wiesengrund 1, Tinnum
phone: +49 (0) 171 / 51 77 544

› **Reitschule Lobach**, Litjmuasem 16
Morsum, phone: +49 (0) 4651 / 89 02 39

› **Feldenkrais, Reiten und Kinderreiten**

Terpwai 17, Wenningstedt-Braderup
phone: +49 (0) 4651 / 44 369

› **Beach Polo World Cup**

May 30 and 31, 2020

› **“Ring riding” tournaments**

June to August

› **German Polo Masters**

July 29 to August 2, 2020

Skydiving

The skydivers from “Seventh Sky” also take newcomers to cloud nine per tandem jump.

› Halle 74 / Flughafen Sylt, Westerland
phone: +49 (0) 173 / 21 60 121
www.seventhsky.de

Sports clubs

Sylt sports clubs offer various fields and training opportunities.

› **TSV Tinnum 66**, Keitumer Landstraße -
Neues Sportzentrum Sylt-Ost, Tinnum
phone: +49 (0) 4651 / 32 566
www.tinum66.de

› **Sportclub Norddörfer Sylt e.V.**
Norderweg 4, Wenningstedt-Braderup
phone: +49 (0) 4651 / 87 89 154
info@sc-norddörfer.de
www.sc-norddörfer.de

› **TSV Westerland**, Sijpwai 10
phone: +49 (0) 4651 / 21 550
www.tsv-westerland.de
info@tsv-westerland.de

Swimming

› **Sylter Welle**
Strandstraße 32, Westerland
phone: +49 (0) 4651 / 99 81 11
www.sylterwelle.de

Sailing

Sailboats are located in harbours at Hörnum, Rantum or Munkmarsch; here you can always meet someone from the sailing clubs during the season.

› **Sylter Yachtclub e.V.**
Clubhaus Am Kai, Hörnum



phone: +49 (0) 4651 / 88 02 74

www.sylter-yachtclub.de

› **Sylter Catamaran Club Hörnum e.V.**

Hafenstraße 41, Hörnum

› **Nordfriesischer Seglerverein**

Hafenstraße 7, Rantum

info@nfsv-rantum.de

www.nfsv-rantum.de

› **Syltsurfing Surf- und Segelschule**

Bi Heef 4, Munkmarsch

phone: +49 (0) 4651 / 93 50 77

www.syltsurfing.de

› **Sylter Segler-Club e.V.**

Bi Heef 2, Munkmarsch

phone: +49 (0) 4651 / 31 871

www.sylter-segler-club.de

› **Surfschule Südkap**

An der Düne 333e, Hörnum

phone: +49 (0) 176 / 71 81 71 77

www.suedkap-surfing.de

Teen disco

The clubs “Pony” and “Club Rotes Kliff” in Kampen are open for kids in July and Aug.

› Information is provided at Kampen tourism service

phone: +49 (0) 4651 / 46 980

Tennis

Whoever wants to practice tennis at any time of year should contact Tennis-Club Westerland. 3 indoor courts and 10 outdoor courts are available.

› **Tennis-Club Westerland**

Am Seedeich 38, Westerland

phone: +49 (0) 4651 / 67 29

www.tennisclub-westerland.de

Trampoline

A trampoline facility is open from April to October at the lighthouse on the eastern beach in Hörnum. There, you can also try out “Pit-Pat” (mini golf on tables). ‘Kangaroos’ can also take great leaps at following sites:

- › **Wenningstedt:** car park Dünenstr., Bungee trampoline at Norddörfer Halle
- › **Westerland:** Villa Kunterbunt, upper beach promenade
- › **Rantum:** Hafenstraße 4

Volkshochschule (adult education centre)

The multipurpose facility is located on the road from Kampen to List, on the left side towards the dunes and a dune valley known as Klappholtal. Nordsee-heim Klappholtal was established as a youth camp in 1919. Numerous concerts, lectures and courses are available at this tradition-steeped site today.

- › **“Akademie am Meer”**
phone: +49 (0) 4651 / 95 50
www.akademie-am-meer.de
- › **VHS Sylt**, mail@vhs-sylt.de
phone: +49 (0) 4651 / 85 12 66

Windsurfing/surfing/stand up paddle surfing (SUP)

The cradle of windsurfing in Germany was at Breakwater 16, located north of Kampen. It’s no wonder that boards of all variations never go out of style on the island.

- › **Bike & Sport Infocenter**
Strandstraße 32, Westerland
phone: +49 (0) 4651 / 99 80
- › **Sylter Welle**, Strandstr. 32, Westerland
phone: +49 (0) 4651 / 99 81 11
- › **Jan’s Surf-/ Wassersportschule**
phone: +49 (0) 175 / 20 55 494
Jan Hansen
kontakt@wassersport-sylt.de
www.wassersport-sylt.de
- › **Surfschule Wenningstedt “Camp One”**
Ellenbogen auf Sylt, List
phone: +49 (0) 4651 / 43 375
campone-sylt@gmx.de
www.campone-sylt.de
- › **Meer Leben Surf Westerland**
Brunnenweg 5c, Westerland
phone: +49 (0) 4651 / 94 20 030
hello@meerlebensurf.com
www.meerlebensurf.com
- › **Surfschule Wenningstedt – Südkap Surfing**
Dünenstraße 333b, Wenningstedt
phone: +49 (0) 4651 / 95 70 373
www.suedkap-surfing.de
- › **Surf school Westerland**
Brandenburger Straße 15, Westerland
phone: +49 (0) 4651 / 93 50 77
www.sunsetbeach.de/surfschule
- › **Syltsurfing Surf- und Segelschule**
Bi Heef 4, Munkmarsch
phone: +49 (0) 4651 / 93 50 77
www.syltsurfing.de
- › **Surfschule Meerspass**, Information and registration: Dorfhotel Rantum, Spa-Bereich, Hafenstraße 1, Rantum
phone: +49 (0) 4651 / 46 09 166
www.meerspass.info
- › **Wassersportcenter Sylt – Südkap Surfing**

Strandpromenade 1, Hörnum
phone: +49 (0) 4651 / 99 54 410
www.suedkap-surfing.de
suedkap.surfing@gmail.com

- › **Summer Opening**
May 21 to June 1, 2020
- › **Multivan Surf Cup Sylt**
July 21 to 26, 2020
- › **Longboardfestival**
September 8 to 13, 2020
- › **Windsurf World Cup**
September 25 to October 4, 2020

Yoga

Yoga courses are available, amongst others, at Syltness Center with the following teachers (for other places see “Wellness” section):

- › **Susanne Chinnow**
phone: +49 (0) 4651 / 29 598 or
+49 (0) 173 / 63 63 795
www.yogaaufsylt.de
 - › **yogamare**, Maren Schulz
phone: +49 (0) 4651 / 87 89 005
Mobil: +49 (0) 178 / 58 31 538
info@yogamare.de, www.yogamare.de
- Yoga is held on the beach as a special highlight during the summer months. You will find further relaxation offers at www.sylt-entspannt.de.

Zoo

More than 300 animals ranging from indigenous rodent to flamingo can be observed and even fed in a beautiful garden facility with an area of roughly 40,000 m² in the privately run Tinnum Zoo. Children’s playgrounds invite youngsters to romp around, while paddleboat riding is available on the ponds. The zoo is open from May to October, daily from 10 am – 7 pm. Unfortunately, dogs must remain outside.

- › **Tierpark Tinnum**
Ringweg 100, Tinnum
phone: +49 (0) 4651 / 32 601

Event highlights 2020



J

1.1. New Year's Swimming Wenningstedt

FEB

21.2. Biikebrennen, lighting bonfires island-wide
22.2. Petritag island-wide

MAR

1.3. – 6.3. Dog's days part 1 Wenningstedt
7.3. Culinary trail „Naturally Sylt“ part 1 Westerland
15.3. Syltlauf, Sylt Run from Hörnum
to List
29.3. Kampen wine trail Kampen

APR

11.4. Easter bonfire Hörnum
12.4. Easter egg race and Easter bonfire Kampen

MAY

May - October
3.5. – 9.5. Musik am Meer, Music by the Seaside Westerland
Golftournament PRIVATEOPEN island-wide &
Denmark
21.5. – 01.6. Summer Opening (Kitesurf Masters;
Dt. Windsurf Cup) Westerland
30.5. – 31.5. Beach Polo World Cup Sylt Hörnum
May - August Ringreiter (“Ring Riding”) Archsum, Keitum,
tournaments Morsum
May – August Kampen Literature and
Music Summer Kampen

JUNE

5.6. – 7.6. Harley Davidson get-together Westerland
21.6. Midsummer Night festivities island-wide

July – August**July – September**

7.7. – 12.7. InselCircus, Island Circus Wenningstedt
Meerkabarett, Sea Cabaret Rantum
Winzerfest, wine festival Westerland
9.7. Verdens Ballett Keitum
21.7. Kampener White Dinner Kampen
21.7. – 26.7. Multivan Windsurf Cup Sylt Westerland
25.7. village festival by the pond Wenningstedt
25.7. – 26.7. Super Sail Sylt Hörnum
29.7. – 2.8. German Polo Masters Sylt Keitum
31.7. – 2.8. Harbour Festival Hörnum
31.7. – 9.8. Sylt Sailing Week Westerland

1.8. – 2.8. 60 nautical miles off the coast of Sylt Hörnum
12.8. Arias by the Seaside Westerland

8.9. – 13.9. Longboard Festival Kampen
20.9. Run around Rantum Basin Rantum
25.9. – 4.10. Windsurf World Cup Westerland

10.10. Beach chair auctioning List

1.11. – 6.11. Dog's days part 2 Wenningstedt

26.12. Christmas Swimming Westerland
28.12. – 1.1. Kliffmeile Festival Wenningstedt
31.12. Open air new year's eve party Westerland
31.12. New Year's Eve Run Westerland

JULY

AUG

SEPT

OCT

NOV

DEC

Service



Sylt prefix: 0049 4651

Advance ticket sales

- › **Info-Center Westerland**
Friedrichstr. 44, Westerland
phone: +49 (0) 4651 / 99 83 40
- › **Tourist-Information,**
Strandstr. 35, Westerland
phone: +49 (0) 4651 / 99 80

Other advance sale outlets are available at www.sylt.de or in the editions of TV Sylt

Airport

- › **Flughafen Sylt**
phone: +49 (0) 4651 / 92 06 12
- › **Sylt Air**
phone: +49 (0) 4651 / 78 77

Archives Sylt, Westerland

- › Stephanstr. 6, "Alte Post"
phone: +49 (0) 4651 / 85 12 60

Babysitter

You can find your babysitter online at www.sylt.de/babysitter

- › **Agentur Confetti,** Westerland
phone: +49 (0) 4651 / 44 22 5
- › **Tourismus-Service Kampen**
phone: +49 (0) 4651 / 46 980
- › **Villa Kunterbunt,** Westerland
phone: +49 (0) 4651 / 99 82 75
- › **Tourismus-Service Hörnum**
phone: +49 (0) 4651 96 260

Bicycle rental

Many rental outlets also offer a pick-up and delivery service. There is also a possibility to rent bicycle baskets, child-carrier seats or trailers for two-legged and four-legged companions.

- › **Bike & Sport Infocenter**
Strandstr. 32, Westerland
phone: +49 (0) 4651 / 99 80

List

- › **Nissen,** Am Brünk 66
phone: +49 (0) 4651 / 87 76 87
- › **M&M Fahrradverleih,** Listlandstr. 23
phone: +49 (0) 4651 / 87 75 44

Wenningstedt

- › **Eddie's Fahrradverleih,** Dünenstr. 11
phone: +49 (0) 4651 / 41 067
- › **Fahrrad-Konzept,** Hauptstraße 28
phone: +49 (0) 4651 / 46 643
- › **Fahrradlädchen Holst,** Osterweg 22
phone: +49 (0) 4651 / 43 315
- › **JOJO E-Bike,** Berthin-Bleeg-Str. 15
phone: +49 (0) 4651 / 20 02 273
- › **Leksus,** Hauptstr. 8 and Westerstr. 20
phone: +49 (0) 4651 / 83 50 00
- › **M&M Fahrradverleih,** Hauptstr. 8 - 14
phone: +49 (0) 4651 / 45 906
Osterweg 2
phone: +49 (0) 4651 / 96 79 09

Keitum

- › **Christel's Fahrradverleih,** Gurtstg 44
phone: +49 (0) 4651 / 32 797
- › **Der Fahrradladen,** Gurtstg 44

phone: +49 (0) 4651 / 32 879

Archsum

- › **Schibielok,** Weesterstich 2
phone: +49 (0) 4651 / 89 03 49

Tinum

- › **ABBE'S Fahrradverleih and -sale,**
Zur Eiche 16
phone: +49 (0) 4651 / 35 258
- › **Krtschek, Ekkehard,** Südhörn 17
phone: +49 (0) 4651 / 32 626
- › **M&M Fahrradverleih,** Dirkstr. 76a
phone: +49 (0) 4651 / 93 65 31
- › **Sylt Bike,** Keitumer Landstraße 12-14
phone: +49 (0) 4651 / 44 63 103

Westerland

- › **Mietrad Sylt,** Kirchenweg 7a,
phone: +49 (0) 4651 / 35 04 054
- › **Bruno Fahrradverleih**
Friesische Str. 26
phone: +49 (0) 170 / 29 35 431
- › **Jens Postert,** Bomhoffstraße 5
phone: +49 (0) 171 / 36 59 118
- › **Leksus**
Bismarckstraße 9
Keitumer Chaussee 26
Norderstr. 11 and 42
Trift 2
Lorens-de-Hahn-Straße 23
phone: +49 (0) 4651 / 83 50 00
- › **Lydia's Fahrradverleih**
Theodor-Storm-Straße 19
phone: +49 (0) 4651 / 29 94 94
- › **M&M Fahrradverleih**
main station, next to platform 1
phone: +49 (0) 4651 / 35 777
or +49 (0) 4651 / 58 03
- › Strandstr. 27 / Andreas-Dirks-Str. 2
phone: +49 (0) 4651 96 77 69
- › Bismarckstraße 46
phone: +49 (0) 4651 / 25 688
- › Norderstraße 106
phone: +49 (0) 4651 / 88 66 33
- › **VeloQuick**
Industrieweg 20 or home delivery
phone: +49 (0) 4651 / 21 506

Rantum

- › **Fahrradverleih Rantum,** Strandweg 7
next to the tourist information
phone: +49 (0) 170 / 32 72 076
 - › **Mietrad,** Hafenstr. 1a, at Dorfhotel
phone: +49 (0) 4651 / 35 09 300
- ### Hörnum
- › **V. Claßen,** Budersandstraße 27
phone: +49 (0) 4651 / 88 03 54
 - › **Leksus,** Rantumer Straße 2
phone: +49 (0) 4651 / 83 50 00

Bus transportation

All island villages are serviced on a regular basis, starting from central bus station (ZOB) in Westerland (at the railway station). Taking bicycles along is also possible.

- › **Sylter Verkehrsgesellschaft (SVG)**
phone: +49 (0) 4651 / 83 61 00
www.svg-busreisen.de

Car ferry

- › **Römö-Sylt Linie**
phone: +49 (0) 461 / 86 46 01
www.syltfaehre.de

Car Rental

- › **SYLTCAR.COM**
phone: +49 (0) 1802 / 25 28 20
- › **Autohaus Rosier**
phone: +49 (0) 4651 / 33 91 20
- › **sylt-mobil.de**
phone: +49 (0) 4651 / 14 14
- › **SyltScout GmbH**
phone: +49 (0) 4651 / 83 64 500
- › **Fun Car Sylt**
phone: +49 (0) 4651 / 45 490
- › **Europcar Autovermietung**
phone: +49 (0) 4651 / 71 78
- › **Sixt Autovermietung GmbH Co. KG**
phone: +49 (0) 1806 / 66 66 66*
- › **Sylt-Travel**
phone: +49 (0) 40 / 24 42 49 280

* (charged service number)

Car train

- › **DB Sylt-Shuttle**
+49 (0) 1806 / 22 83 83*
- › **RDC Autozug**
+49 (0) 1806 / 258 258*

Casino Westerland

- › Andreas-Nielsen-Straße 1
phone: +49 (0) 4651 / 23 04 50

Emergency numbers

- › **Fire department**, phone: 112
- › **Police emergency**, phone: 110
- › **Ambulance**, phone: 112
- › **hospital (Asklepios Nordseeklinik)**
phone: +49 (0) 4651 / 84 40 20
- › **Police station and criminal investigation department**
phone: +49 (0) 4651 / 70 470
- › **Wasserschutzpolizei (harbour police) in Westerland**
Kirchenweg 21, +49 (0) 4651 / 70 47 700
- › **Telephone counselling service**
phone: +49 (0) 800 / 11 10 111
- › **Children & adolescent emergency telephone service**
phone: +49 (0) 800 / 11 10 333

Emergency pharmacy service

- › phone: +49 (0) 800 / 00 22 833

Flea market

The "housewife flea market" in front of the town hall is open for bargain hunters and collectors on every Thursday between Maundy Thursday and the end of September.

Gas Station

List

- › **Star Tankstelle**, Listlandstraße 16
phone: +49 (0) 4651 / 95 70 70

Tinum

- › **ARAL-Tankstelle**, Keitumer Landstraße
phone: +49 (0) 4651 / 33 91 38

Westerland

- › **Shell Station**, Trift 7

phone: +49 (0) 4651 / 83 43 97

- › **Filling station for natural gas and power charging station**
Bahnweg 4, Friesische Straße 53
phone: +49 (0) 4651 / 92 59 25

Internet access

- › **Info-Center Westerland**
Friedrichstraße 44
- › **Sylt Bibliothek**
Stephanstraße 6b, Westerland
phone: +49 (0) 4651 / 85 12 70
www.sylt-bibliothek.de

Launderette / dry cleaning

- › **SB-Waschcenter 2000**
Andreas-Nielsen-Straße 4, Westerland
emergency number:
phone: +49 (0) 172 / 54 56 711
- › **Sylter Wäschereiservice**
Mittelweg 22, Tinnum
phone: +49 (0) 4651 / 83 57 928
- › **Textilpflege Maybach 13**
Maybachstraße 13, Westerland
phone: +49 (0) 4651 / 24 782
- › **Die kleine Wäscherei**
Mittelweg 12, Tinnum
phone: +49 (0) 4651 / 26 772
- › **Wäscherei Jensen**
Muasem Dikwai 4, Morsum
phone: +49 (0) 4651 / 99 54 399
- › **Wäscherei Klönstuv**
Kiarwai 30, Tinnum
phone: +49 (0) 4651 / 20 18 78

Library

- › **Sylt Bibliothek**
Stephanstraße 6b, Westerland
phone: +49 (0) 4651 / 85 12 70
www.sylt-bibliothek.de

Lost property office

- › **Fundbüro Sylt**, Bahnweg 20 - 22
Mailing address: Andreas-Nielsen-Str. 1
25980 Westerland
phone: +49 (0) 4651 / 85 15 55

Marine animal rescue service

- › **Tier-, Natur- und Artenschutzzentrum Sylt**
Keitumer Landstraße 106, Westerland
emergency number:
phone: +49 (0) 162 / 34 86 190
- › **Police**, phone: +49 (0) 4651 / 70 470
they will forward the call
- › **Pickup service for injured seabirds, harbour seals etc.**
phone: +49 (0) 4651 / 70 470

Pharmacy assistance service

- phone: +49 (0) 4651 / 22 833

Post / parcel station

Deutsche Post

- › Kjeirstraße 17, Westerland
- › Berthin-Bleeg-Straße 17
Wenningstedt-Braderup
- › Munkmarscher Chaussee 6, Keitum

Hermes Shop

- › Inside the Star gas station
Listlandstr. 16, List

Reading lounge

- › **Reading lounge (Nolde-Lounge)**

provides latest newspapers and is located on the first floor of Syltiness Center; same opening hours as Syltiness Center

Rental of aids and appliances

- › **Sanitätshaus Krämer**
Strandstr. 22-26, Westerland
phone: +49 (0) 4651 / 22 278
- › **Reha Mobil Nord GmbH**
in cooperation with
"Bahnhofsapotheke"
Wilhelmstr. 7, Westerland
phone: +49 (0) 461 / 50 51 710
- › **Sanitätshaus Till Schiebler**
Friedrichstraße 17, Westerland
phone: +49 (0) 4651 / 99 53 853

Rental of buggies, stretchers, baby beds ...

- › **Kinderland**, Mittelweg 5, Tinnum
phone: +49 (0) 4651 / 99 56 30

Taxi

- › **Henke**, phone: +49 (0) 4651 / 66 99
- › **Sylter Funktaxenzentrale**
phone: +49 (0) 4651 / 50 50
or +49 (0) 4651 / 55 55
- › **Insel-Taxi**
phone: +49 (0) 4651 / 88 99 800
- › **Sylter Taxi**, phone: +49 (0) 4651 / 70 70
- › **Telecar Folley Sylt**
phone: +49 (0) 4651 / 41 500

Tourist information

- › **Tourist information Kurverwaltung List auf Sylt**, www.list-sylt.de
phone: +49 (0) 4651 / 95 200
- › **Tourism information-service Kampen**, www.kampen.de
phone: +49 (0) 4651 / 46 980
- › **Tourism information-service Wenningstedt-Braderup**
www.wenningstedt.de
phone: +49 (0) 4651 / 44 70
- › **Insel Sylt Tourism-service**
Head office
www.insel-sylt.de
phone: +49 (0) 4651 / 99 80
- › **Tourism information-service Hörnum**
www.hoernum.de
phone: +49 (0) 4651 / 96 260

Train information

- › **DB SyltShuttle**
phone: +49 (0) 1806 / 22 83 83*
- › **Nah.sh**, +49 (0) 431 66 / 01 94 49

Weekly market in Westerland

in front of City Hall, Sat. till 1pm,
April to October also Wed. till 1 pm

Sylt etiquette guide

General information about swimming

Beach visitors are well taken care of at official swimming spots: Experienced and local lifeguards keep watch over their respective beach section and are experts in tides and currents. They have to proof their skills in an annual test. Beach visitors should inform themselves about the latest safety and swimming rules and follow instructions of the lifeguards at all times because the sea can be unexpectedly dangerous. This applies especially to areas outside supervised swimming spots.

Dune protection means and coastal protection

Dunes provide a natural protective wall against the surging sea. The dunes are stabilized by laborious cultivation of beach grass. Though, the plants are sensitive. As more and more holidaymakers are looking for a sunbathing spot in the dunes and meanwhile destroy the vegetation, there is a severe entry prohibition for Sylt's dunes since 1978. Furthermore, the beaten tracks off the official paths are completely closed.

Feeding sea gulls is prohibited

They belong to Sylt like sand to the beach: sea gulls. However, these birds have become a plague by now. This applies especially to Westerland's main beach and promenade. By feeding animals and an increasing number of breeding places on rooftops, the population grew enormously in the past few years. At the same time, the voracious birds became more impudent. Especially at Westerland's promenade hundreds of hungry herring gulls lurk for everything edible, such as ice-cream cones or fish rolls held by children and adults. Therefore, the city of Wester-

land issued a ban on feeding sea gulls. Offences against it will be prosecuted. By feeding sea gulls or other wildlife animals you do them harm and it has a negative impact on behaviour and health.

Holiday with your dog

The low season is basically advisable as the ideal travel period for dog owners, because it offers the most freedom for their pets. Then all of the beaches on Sylt are available for walks. An obligation to leash dogs only exists in strongly frequented areas. Appropriate consideration of other dog owners and walkers generally applies. However, a leashing obligation always applies in the nature reserves, i.e. in the dunes and heathland. At many places, for example at refuse bins or along walking paths, there are special dog bag dispensers for the excrements of the four-legged guests. A large number of landlords on Sylt also gladly welcome four-legged guests and have made special arrangements for the needs of animals.

Lots of wind for kite flying

It is great for pilots when the taut kite lines slice horizontally through the air just above the beach, but it is rather frightening for walkers and bathing guests. Even if the wind on Sylt almost nearly announces kite time, stunt kites are prohibited on busy beach sections and in breeding areas for birds. Please heed the respective utilisation provisions for stunt kites in the individual municipalities.

Frisian stone wall: a work of art

The piles of stones were originally intended to deter wind, but in the meantime they actually serve as a garden fence. They may look stable, but they are definitely not suitable as a bench or climbing frame.

More about Sylt



People live here: the locals

Particularly in picturesque Keitum, many locals can relate stories of holidaymakers who suddenly stand in a private living room and eye up the fireplace or sit in the garden and order coffee and cake. In fact, genuine Sylt natives exist, and they also live in the beautiful Frisian houses. The village is not an open-air museum!

Searching for accommodation

Holiday accommodation, guesthouse rooms and luxury suites can be found in the accommodation directory. Every island village publishes an accommodation directory annually, while a directory for the whole island is published by Sylt Marketing GmbH (SMG). Search requests on the online platforms can be filtered by site, date, price category or other criteria.

> www.sylt.de/en

Dates

"TV Sylt", the biweekly (appearing) newspaper, contains the official calendar of events from tourism services and many tips and stories about the island as well as timetables and addresses.

> **TV Sylt** – available free of charge from landlords and tourist information offices

Radio and television

Always and everywhere up to date: interviews, motion pictures, quotes and reports on top events from one source.

> www.syltfunk.de, www.sylt-tv.com or frequency 88,1 MHz

Gastronomy

An institution since the 70s: "Sylt à la carte", the guide through the extensive realm of gastronomy on Sylt ranging from fish shacks to restaurants awarded with stars. Excerpts from menus provide valuable decision-making aids, shopping and hotel tips are also included.

> **Sylt à la carte**, by Eiland Verlag available in bookstores for 12,80 €

On the road

www.sylt.de/en/explore-the-island/food-drink

Stiftung Küstenschutz

Stiftung Küstenschutz Sylt (Sylt Coastal Protection Foundation) supports pending coastal protection measures employed the State of Schleswig-Holstein and the Sylt special purpose association (Landschaftszweckverband). Bank information:

> Stiftung Küstenschutz Sylt, Sylter Bank
IBAN: DE61 2179 1805 0000 3663 66
BIC: GENODEF1SYL
www.stiftung-kuestenschutz-sylt.de

Citybus LINIE A

Monday - Saturday (not on holidays)		2	2
Westerland/ZOB		8:30	10:00
Friedrichstraße, Ost		8:32	10:02
Johann-Möller-Platz		8:34	10:04
Brandenburger Platz		8:36	10:06
Syltress-Center		8:37	10:07
Friedrichstraße, West		8:38	10:08
Katholische Kirche		8:39	10:09
Dr.-Ross-Straße	7:13	8:40	10:10
Schützenplatz	7:14	8:41	10:11
Sylt-Stadion	7:15	8:42	10:12
Südwäldchen	7:16	8:43	10:13
W'land Campingplatz	7:17	8:44	10:14
W'land FKK Strand	7:18	8:45	10:15
Halemdüür	7:20	8:48	10:18
Falkenweg	7:21	8:49	10:19
Breslauer Straße	7:22	8:50	10:20
Elbinger Straße	7:23	8:51	10:21
Peter-Eschels-Weg	7:24	8:52	10:22
Hans-Böckler-Straße	7:25	8:53	10:23
Trift/Lorens-de-Hahn-Str.	7:26	8:54	10:24
Industrieweg	7:27	8:55	10:25
Westerland/ZOB	7:28	8:58	10:28

Citybus LINIE B

Monday - Saturday (not on holidays)		2	2	2
Westerland/ZOB	7:30	9:00	10:30	12:00
Kirchenweg	7:31	9:01	10:31	12:01
Alte Dorfkirche	7:32	9:02	10:32	12:02
Hedigenring	7:33	9:03	10:33	12:03
Dänische Schule	7:34	9:04	10:34	12:04
Jahnstraße	7:35	9:05	10:35	12:05
Stadumstraße	7:36	9:06	10:36	12:06
Wenningstedter Weg	7:37	9:07	10:37	12:07
Sonderburger Straße	7:38	9:08	10:38	12:08
Kollundweg	7:39	9:09	10:39	12:09
Am Ringhoog	7:40	9:10	10:40	12:10
Heideweg	7:41	9:11	10:41	12:11
Nordseeklinik	7:43	9:13	10:43	12:13
Waldstraße	7:44	9:14	10:44	12:14
Norderplatz/Marinesiedlung	7:45	9:15	10:45	12:15
Altenwohnheim	7:46	9:16	10:46	12:16
Nordmarkstraße	7:47	9:17	10:47	12:17
Steinmam-Str./Friesische-Str.	7:49	9:19	10:49	12:19
Brandenburger Platz	7:50	9:20	10:50	12:20
Syltress-Center	7:51	9:21	10:51	12:21
Friedrichstraße, West	7:52	9:22	10:52	12:22
Katholische Kirche	7:53	9:23	10:53	12:23
Boysenstraße	7:54	9:24	10:54	12:24
Westerland/ZOB	7:57	9:27	10:57	12:27

Kleiner Tinner LINIE C

Note that many stops also belong to the routes 3, 3a & 4.

Monday - Saturday (not on holidays)		2	2
Westerland/ZOB	8:00	9:30	11:00
Kirchenweg	8:01	9:31	11:01
Alte Dorfkirche	8:02	9:32	11:02
Mühlenweg	8:03	9:33	11:03
Horstweg	8:04	9:34	11:04
Culemeyerstr.	8:05	9:35	11:05
Einkaufszentrum	8:07	9:37	11:07
Zum Gleis	8:08	9:38	11:08
Am Hangar	8:09	9:39	11:09
Siedlung	8:12	9:42	11:12
Eibenweg	8:14	9:44	11:14
Südhörn	8:15	9:45	11:15
Koogweg	8:16	9:46	11:16
Ringweg	8:17	9:47	11:17
Tinum Gemeinde	8:18	9:48	11:18
Tinum Schule	8:19	9:49	11:19
Königskamp	8:20	9:50	11:20
Neuapostolische Kirche	8:21	9:51	11:21
Industrieweg	8:22	9:52	11:22
Westerland/ZOB	8:25	9:55	11:25

2 not on the 24th of December

Holidays Sylt: 12/23/19 - 01/06/2020

